



WELCOME TO OUR

◆ Monthly Newsletter



This month, we had a fantastic (busy) week teaching seven courses in four days in Adelaide. We love having the opportunity to come into your workspace, meet some fantastic clinicians and teach your team some new skills (and have a bit of fun too). It also provides the opportunity to practice critical skills like resuscitation in your own environment using your own equipment. Great opportunity to see if your equipment is suitable or not.

We did find some time to enjoy the beautiful beach at Glenelg on our daily walks.

↓ In this newsletter you will find:

Course dates and why you should train with us. Keep reading!



info@healthec.com.au



0419 939458

Course dates

WHY COMPLETE HEALTH EDUCATION COLLABORTIVE'S ADVANCED LIFE SUPPORT COURSES?

Our courses are hybrid courses, online and face-to-face. You complete the theory component in your own time prior to attending the one day practical.

The practical days are an opportunity for participants to practice their airway, IO, safe defibrillation skills and rhythm recognition on adult and paediatric **interactive manikins**.

Hybrid course - online and practical day



Saturday 14 June 2025

PAEDIATRIC ALS

and recognition of the seriously ill child

REGISTER NOW



Alfred Simulation Centre
Level 4
89 Commercial Road
Melbourne VIC 3004
Time: 0830 to 1700

\$550

For more information call Marg 0419 939458

Hybrid course - online and practical day



Saturday 3 May 2025

ADULT ALS 2

REGISTER NOW



Alfred Simulation Centre
Level 4
89 Commercial Road
Melbourne VIC 3004
Time: 0830 to 1700

\$550

For more information call Marg 0419 939458

The team-based scenarios are designed to practice team-based skills like team leadership, effective communication and role allocation, and to promote critical thinking.

We can come onsite and deliver interdisciplinary, group training for your organisation.

Testimonial from a recent participant: ***“Having a model that actually breathes and has a pulse made the learning experience so valuable”***

Click [here](#) to register.

[SEE ALL COURSE DATES](#)

Why we don't use silicon training pads for our suturing courses!

We have delivered suturing courses nationally to thousands of participants; doctors and nurses.

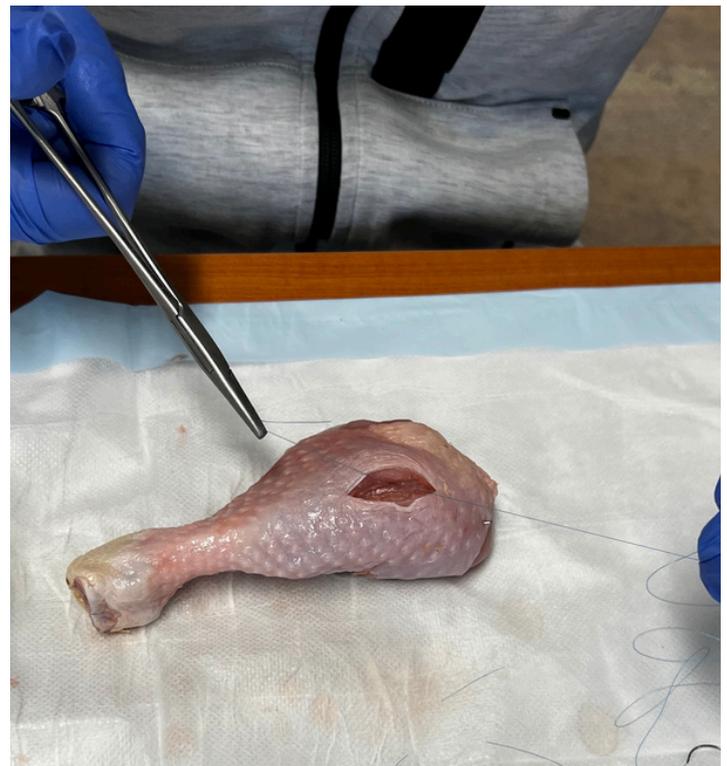
We do not use artificial, unfriendly silicon pads in our suturing programs. We use pig skin; this simulates human skin as close as possible, giving a much more realistic skills training application. As a plastic surgeon noted to one of our recent participants “pig trotters are the best substitute for human skin and best to train on, silicon pads just don't match the different thickness, texture and layers that pig trotters do. It is almost impossible to simulate layered closure and apposition of skin edges on a silicon pad”.

In recent courses we have changed our delivery strategy, and our participants have excelled when starting straight off using pig trotters and real sutures compared to using other methods to start such as foams, silicon blocks and rubber bands, string and fishing line.



We often also use chicken thighs as these are excellent for learning deep closure techniques due to the structure of the muscle layers within.

We are planning to deliver a layered closure skills enhancement program later in the year for those that have completed the current suturing course. So, watch this space for dates in the second half of the year.



Our suturing courses are delivered by expert facilitators and will equip participants with a toolkit of techniques to use in the real world! Don't miss out, sign up for a Health Education Collaborative suturing course today.