

SEPTEMBER 2021 VOLUME 21

# Health Education Collaborative Newsletter



## A note from the CEO

Bruce Greaves

Well, it is all happening this month!

An earthquake, Melbourne breaking their 57 year drought to win the AFL Grand Final and we have finally been able to deliver some Fracture Management courses in rural Victoria!

The photo above is from the Wangaratta Fracture Management Course!

After delivering four very successful education sessions for child and maternal health nurses on behalf of the Victoria Department of Health, we have been contracted to develop an online course as part of our champions model



of course delivery.

HEC have gone high tech purchasing several of the latest technology PortaCount and Accufit9000 pro quantitative fit testing machines. They will be in high demand as we are now working with Aspenmedical as part of a Federal government contract to provide fit testing to all General Practice Respiratory Clinics and associated facilities throughout Australia. HEC will be managing Victoria.

If you would like more information on fit testing or would like to conduct fit testing for your staff, please contact me on [bruce@healthec.com.au](mailto:bruce@healthec.com.au)

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Health Education Collaborative

# Education Update

Marg Villella



## Answer to last month's clinical question

### Otitis Media

#### **Q1. What is the most common clinical presentation of AOM?**

Onset is usually rapid with acute ear pain. Young children often pull or tug on their ears, and constant crying in infants is common due to pain and discomfort.

#### **Q2. What are the most significant symptoms of AOM?**

Ear pain is the most significant symptom along with fever, irritability, headache, vomiting and often loss of balance due to the effect on the vestibular system/semicircular canals.

#### **Q3. What are the most reliable diagnostic findings on otoscopy?**

The most reliable diagnostic otoscopic findings are a bulging red, yellow or cloudy tympanic membrane. An associated air-fluid level behind the TM can sometimes be seen. Discharge in the ear canal is indicative of a TM perforation.

#### **Q4. What other diagnostic test would be useful and what can it tell us?**

Tympanometry is a useful diagnostic test as it will provide information on TM mobility and presence of fluid in the middle ear space or perforation of the TM.

Regarding antibiotic use for AOM:

#### **Q5. What is the average time it takes for children to get better if taking antibiotics?**

With taking antibiotics infection lasts on average 3 days.

#### **Q6. What is the average time it takes for children to get better without taking antibiotics?**

Without taking antibiotics infection lasts on average 3.5 days from onset.

If you didn't get these questions right, check out our free learning module Otitis Media: antibiotic use decision making (one CPD hour of learning). Please [click here](#) to access the course.

*“Anyone who has never made a mistake has never tried anything new”.*

ALBERT EINSTEIN

## UPCOMING EDUCATION SESSIONS

**29 October 2021**

Fracture Management Course

Time: 0845 to 1700  
Holmesglen Private Hospital

Moorabbin Victoria

[Click here](#) to register

We have **FULLY BOOKED** courses around Victoria in October including:

- Shepparton (2 courses)
- Wangaratta (2 courses)
- Ararat
- Edenhope



Health Education Collaborative

# This month's clinical learnings

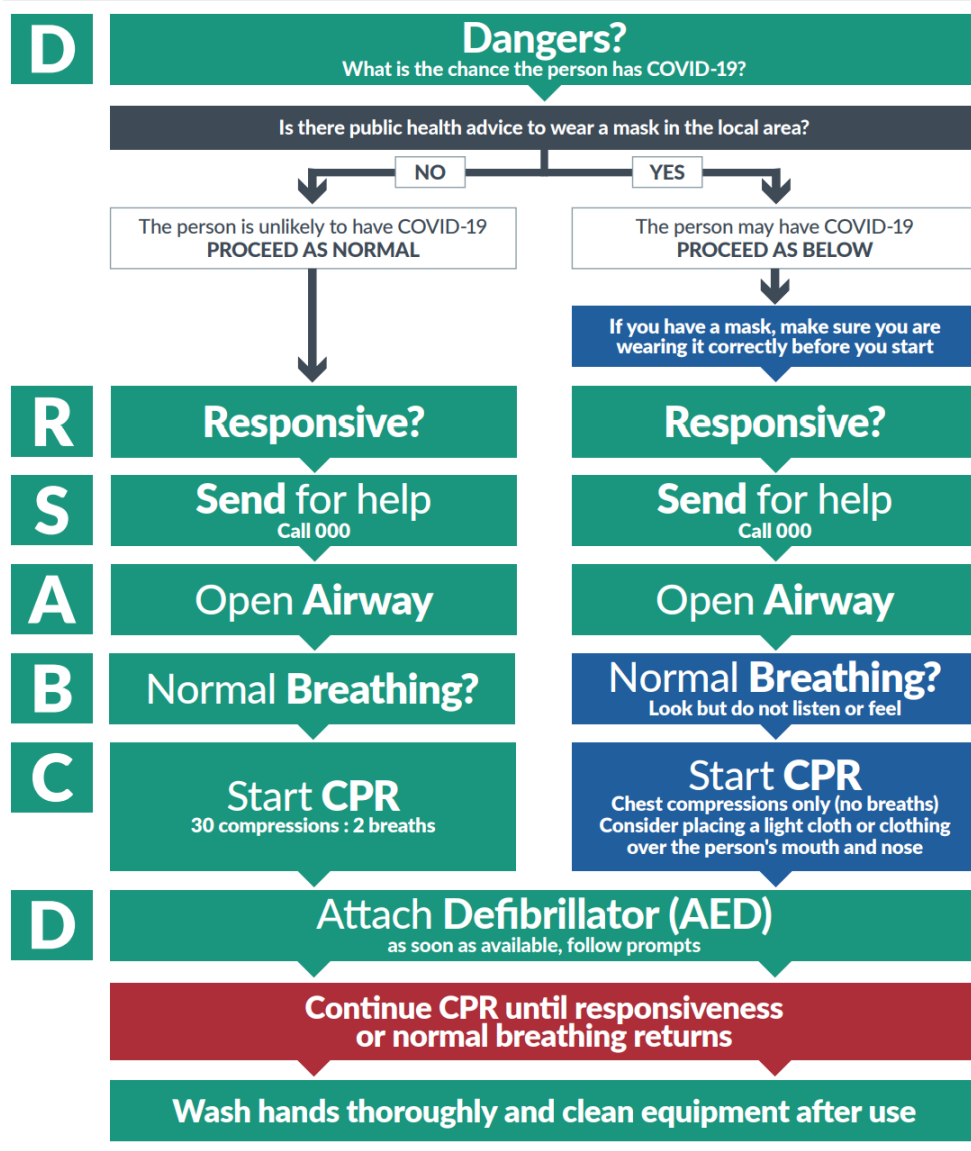
Every year, 33 000 people die from sudden cardiac arrest (SCA) every year. We know, that early defibrillation and effective compressions saves lives. In our current environment the flowchart for BLS in the community has been slightly modified to take into consideration COVID-19. Do you know what the modifications are?

## BASIC LIFE SUPPORT FOR ADULTS IN THE COMMUNITY DURING THE COVID-19 PANDEMIC

NATIONAL  
COVID-19  
CLINICAL  
EVIDENCE  
TASKFORCE

VERSION 1.2  
PUBLISHED  
1 JULY 2021  
CURRENT UNTIL  
30 SEPTEMBER 2021

This guidance is for members of the public who are trained first responders.  
It was developed in collaboration with the Australian Resuscitation Council.



“Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great.”

MARK TWAIN

## ONLINE COURSES

### ECG Basics

Suitable for all nurses, paramedics and doctors that need to be able to interpret an ECG.

[Click here](#) to register.

### Clinical Assessment

Suitable for nurses, nursing students, medical students and doctors. A thorough systematic assessment is vital in order to assess patients and to recognise early deterioration.

[Click here](#) to register.



29 OCTOBER 2021

## FRACTURE MANAGEMENT COURSE

Holmesglen Private Hospital  
490 South Road  
Moorabbin VIC 3189  
Time: 0845 - 1700  
Cost: \$525

This is the **only** Fracture Management course endorsed by the AOA. Suitable for doctors, nurses, medical students and physiotherapists.



Click [here](#) to register

*“The only person who is educated is the one who has learned how to learn ...and change.”*

CARL ROGERS

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OCTOBER  
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