

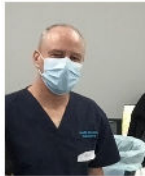
NOVEMBER 2021 VOLUME 23

Health Education Collaborative Newsletter



A note from the CEO

Bruce Greaves



What a month it has been!

We have been working flat out providing N95 respirator fit testing to several hundred staff at the respiratory clinics and Vaccination hubs across Victoria. We have provided much needed IPC and COVID training for the COVID Homelessness Response, Department of Families, Fairness and Housing for the hotels providing accommodation for those less fortunate. This task has been undertaken by Rebecca Latimer, who has done an outstanding job.

Rebecca is another new team member. We will introduce Rebecca to you in next

month's newsletter.

Our maternal and child health online program supported by our champions went live with several hundred enrolments within the first few days. My thanks to Dylan for the fantastic videos he produced, and Patti, Karen and Rebecca (MCHNs) for their input into the production of the videos.

Our fracture management course is continuing to receive fantastic reviews and our thanks goes out to Rob Stewart at Holmesglen Private Hospital for his continuing support of the program.

And after nearly 18 months of providing IPC and PPE training for the ADF, I completed their last training session in early November.

Take care and we hope you enjoy some sun and end of year celebrations.

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Health Education
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A word from Marg

Marg Villella
Director



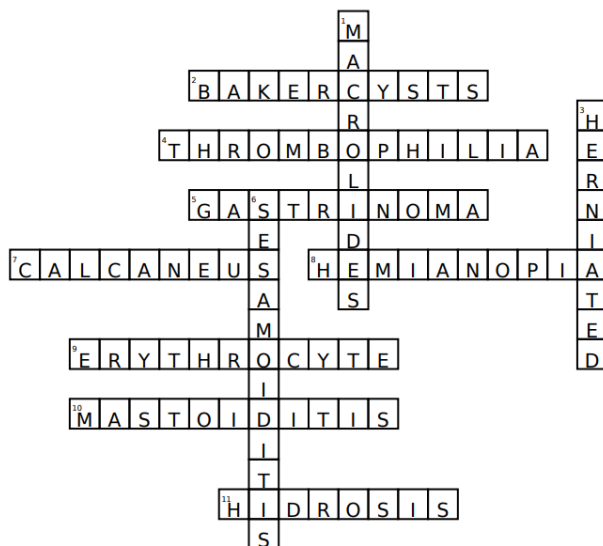
I would like to acknowledge the work my business partner, Bruce Greaves has undertaken over the last 18 months. This week, Bruce has been given formal recognition by the Brigadier, Commander Joint Task Group for his work during Operation COVID-19 Assist. Bruce provided essential infection prevention and control training to members of the ADF during the pandemic.

Bruce was recognised for his expertise, flexibility and professionalism in providing training that allowed the ADF to undertake their duties safely while supporting the Department of Health.

Bruce was also interviewed and featured in a podcast 'Nurses doing amazing things' for Nursing Australia week on Thursday 25th November.

Congratulations Bruce for your amazing work!

Answer to last month's question October crossword



Down:

1. class of antibiotics that work by preventing bacteria from producing proteins they need to grow and multiply
3. tissue or organ protrusion through an opening
6. pain around the two small bones (the sesamoid bones) below the metatarsal head where it adjoins the big toe (first metatarsal head)

Across:

2. small sacs filled with joint (synovial) fluid that form in an extension of the joint capsule behind the knee
4. excessive clotting
5. a tumor usually in the pancreas or duodenum
7. anatomical term for the heel bone
8. partial blindness or vision loss in half of the visual field
9. mature red blood cells (RBC)
10. bacterial infection in the mastoid process
11. sweating in excess

“Education is the most powerful tool which you can use to change the world”.

NELSON MANDELA

UPCOMING EDUCATION SESSIONS

Check the website for upcoming dates in 2022.



Health Education
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Introducing our new team members

Health Education Collaborative would like to welcome Donna Edwards and Sharyn Ireland to our team. Here is a little bit about them.



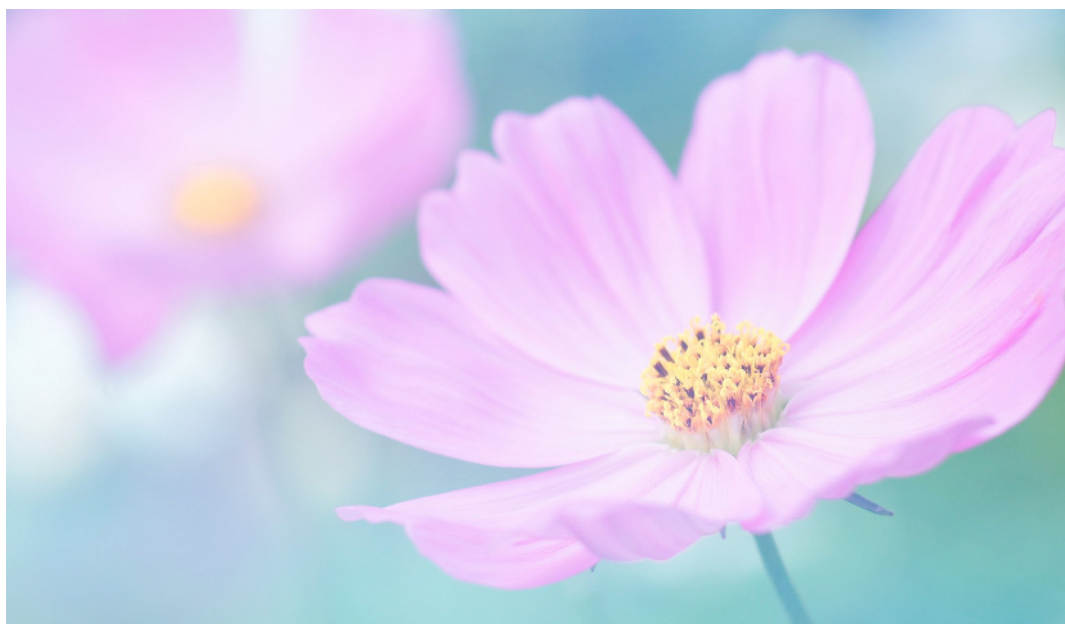
Hi, my name is Donna Edwards. I describe myself as a Jack of many trades but master of none! Just kidding. I have been at the Alfred hospital for 25 years in various roles, from general medicine wards with stroke, renal, neurology and endocrinology to 10 years in ICU starting off in Trauma and then trying my hand at Cardiothoracics and Assist devices.

Currently I work as a Tracheostomy Liaison support nurse at Caulfield hospital which has morphed into a role that includes being part of a Wound Resource team, Manual Handling Coach and supporter of whatever/whoever needs support.

I continue to be part of the Hyperbaric team, mostly doing on-call, for almost 20 years.

I also work as a part time facilitator for Latrobe university for second and third year nursing students. I am part of the simulation team at The Alfred's Centre for Health Innovation, assisting with Hospital Intermediate Life Support and Deteriorating Patient sessions, along with 5th year medical student training.

Lastly to top everything off, I am half way through my Certificate IV for Training and Assessment. As I said.....Jack of many trades!



“Change is the end result of all true learning”

LEO BUSCAGLIA

ONLINE COURSES

ECG Basics

Suitable for all nurses, paramedics and doctors that need to be able to interpret an ECG.

[Click here](#) to register.

Clinical Assessment

Suitable for nurses, nursing students, medical students and doctors. A thorough systematic assessment is vital in order to assesses patients and to recognise early deterioration.

[Click here](#) to register.



Health Education
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Introducing Dr Sharyn Ireland who has an extensive background in Emergency and Intensive Care Nursing and education and who was awarded a Doctor of Nursing for her thesis. Publications from this work have influenced the clinical assessment and management of hypothermia in major trauma patients both locally and world-wide.

In 2020, Sharyn was invited to participate in a podcast hosted by Trauma Victoria to discuss the early identification of the hypothermic patient, physiological effects of hypothermia and management strategies for major trauma patients.

Early in 2021, Sharyn was invited to become a faculty member by the ANZCEN Clinical Educator Incubator; a professional development program for clinicians engaged in health professions education. Sharyn continues this voluntary work today.

During 2021, Sharyn was employed by Critical Care Education Services and Medcast as an education consultant to contribute to the development of a national curriculum to upskill health care professionals in light of the pandemic and anticipated skill shortages. This successful program enrolled over 20,000 health care professionals to complete the on-line program and attend virtual classrooms.

Sharyn has a passion for simulation-based interprofessional education. At the Centre for Health Innovation in Melbourne, Sharyn continues to deliver education using various education platforms to support the development of healthcare professionals as they prepare to enter the clinical environment.

In 2021, Sharyn became a volunteer driver for Angel Flight. Access to health care for all is important. This is one way that Sharyn is able to contribute to the community to ensure that people have access to medical appointments without incurring any financial burden.

Recently Sharyn joined the team at Health Education Collaborative where she supports health care professionals learn how to remain safe and informed working in their clinical environments during the pandemic.

*“Live as if you were
to die tomorrow.
Learn as if you
were to live
forever”*

MAHATMA GANDHI

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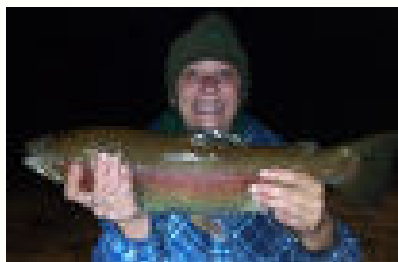
[Click here](#) to register.

In the Chat Room is back!

This month we interview:

Sue Roberts

After Hours Coordinator &
Clinical training Coordinator
Edenhope & District Memorial Hospital (EDMH)



HEC

Sue, can you tell us a little about your role at Edenhope hospital?

Sue

My role @ EDMH is Afterhours Coordinator and for 3 days a fortnight (if roster permits), Clinical training Coordinator.

HEC

What extra training have you done to work in a rural hospital?

Sue

Since moving to Edenhope in 2001, I have constantly been amazed at the education available and the opportunities provided to me. I have been lucky enough to have attended a wide range of training, including:

- First Line Emergency Care for small individual hospitals 19-week course through La Trobe University
- Dialysis training course at Sunshine Hospital dialysis unit facilitated through NWDS North Grampians Emergency
- Up skilling Program including clinical and theoretical assessment in the application of the Remote Area Nurse Emergency Guidelines, Provided by Ambulance Victoria
- Leadership & Management 6-month program provided by The Mordun Group & more recently the 5-month Future Leaders Development Program provided by the Stylewise Group
- Intermediate Rural and Remote Radiography Course provided by Sonographic Solutions Pty, which enabled me to gain my radiation license under the Radiation Act 2005 so I can perform limb x-rays (or any x-ray in life-threatening situations) on-site.
- Graduate Certificate of Health with a specialisation in Scheduled Medicines from USQ (scholarship), which enabled me to become registered as a RIPERN so I can in approved circumstances treat, administer and supply a range of approved medicines where there is no or limited access to general practitioners, plaster and suture.
- Certificate IV in Training and Assessment (funded)

Some of the above opportunities would not have been available if I was working in a regional or Metropolitan hospital so I have been very fortunate to expand my skills and scope in such a variety of ways.

Rural rules!

HEC

What is the most challenging part of your job?

Sue

The increasing management and administrative demands on managers from all departments. Knowing which hat you are wearing. Being a small rural health service, we still have the same clinical governance and administrative requirements but due to a smaller workforce, so many staff wear multiple hats and with COVID these seem to be growing. Like all rural/regional hospitals, staffing and doctor shortages are a huge issue....so is the roster. Luckily our staff are amazing, truly care about our hospital, support each other and step in willingly to fill the gaps.

“Develop a passion for learning. If you do, you will never cease to grow”

ANTHONY J D'ANGELO

HEC

How has the COVID pandemic affected your hospital and community?

Sue

Like all other hospitals and communities throughout Victoria, COVID has had a great impact.

Rapid and constant changes to processes have drastically increased workload and stress. Redesigning our acute ward to create a restricted entry COVID safe ward has reduced our 'normal' bed numbers.

There has been increased COVID swab requirements due to our close proximity to the SA border, putting further strain on our resources and staffing as the swabs have to be performed by acute ward staff.

I think one of the saddest effects has been the reduced interaction & relationships between the hospital and community members due to the visitor restrictions and lockdown.

HEC

What is the best part of your job?

Sue

So many things!

The relationships and support between all EDMH staff (being a small rural hospital I know everyone's name and all are approachable and happy to chat) and it is a great place to work.

The expanse of knowledge and skills required as you never know what will present to Urgent Care and the education opportunities available to do this.

The opportunities available to develop and to progress in your career (our CEO started as an apprentice cook over 30 years ago).

The ability to not just be a number but to actually make a difference!

Oh....and the view (certain rooms look out over Lake Wallace).

HEC

What do you do to relax and escape? What is your favourite pastime or hobby?

Sue

I love the time I get to spend with my husband since moving back into town from a small hobby farm. Even after 26 years he is still my best friend.

I enjoy knitting, gardening, reading, fishing and I find music really 'flips' that stress switch in my head.

Recently I have taken up fly-fishing and have found it to be both calming and relaxing (until you get a fish, then I just go nuts). We are so lucky to have a lake just across the road so all in all, life is great!



*“Learning is like
rowing
upstream: not to
advance is to
drop back.”*

CHINESE PROVERB

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DECEMBER
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