

AUGUST 2021 VOLUME 20

Health Education Collaborative Newsletter



A note from the CEO

Bruce Greaves



It feels like groundhog day! Back in lockdown and having to reschedule courses yet again. Unfortunately, we are going to be in various levels of restrictions for the foreseeable future.

Education and training is essential for clinicians to upskill and remain current. My concerns is the level of de-skilling occurring, across the board due to the ongoing lack of face to face clinical skills training. Some clinicians have not had any training or significant ongoing education since the onset of the pandemic. This includes nurses, doctors and surgical trainees to mention a few.

Online learning is great but, not all skills can be learnt online and must be delivered face-to-face.

If we continue on the current trajectory there will be a significant skills gap across all clinical areas in the future. Think of the impact on health care and the backlog getting practitioners up to speed. Some food for thought!

Let's hope with mass vaccination and good IPC, we can deliver clinical training as an essential service during this pandemic.

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Health Education Collaborative

Education Update



Marg Villella

Answer to last month's clinical question

Systematically interpret this rhythm.



Regularity: regular
Rate: 150 bpm
P waves: can not see any P waves, most likely PT waves
PR interval: can not be measured as not visible P waves
QRS complexes: narrow complex
Interpretation: atrial flutter with a 2:1 block

Always think of 2:1 block when you see a SVT with a rate of 150 bpm. If the patient is on a Beta Blocker, the rate may be slightly less.

How might this patient present (what symptoms might they be experiencing)?

The patient may present with palpitations, chest pain or SOB or may not have any symptoms at all.

Could the patient present haemodynamically stable?

Yes. The patient may have a normal BP and not have any symptoms at all. However, the patient maybe become unstable as ventricular filling may gradually decrease with this rapid heart rate.

Could the patient present haemodynamically unstable?

Yes. The patient may present unstable with low BP, dizziness and/or chest pain.

"If you're not willing to learn no one can help you. If you're determined to learn, no one can stop you".

ANNOYMOUS

UPCOMING EDUCATION SESSIONS

29 October 2021

Fracture Management Course
Time: 0845 to 1700
Holmesglen Private Hospital
Moorabbin Victoria
[Click here](#) to register

We have FULLY BOOKED courses around Victoria in October including:

- Shepparton (2 courses)
- Wangaratta (2 courses)
- Ararat
- Edenhope

This month's clinical question

Otitis Media

Acute otitis media is a bacterial or viral infection of the middle ear. It is often difficult to tell which type of infective microbe is causing the infection.

The condition often starts due to blockage of the eustachian tube, usually caused by an upper respiratory tract cold or inflammatory condition.

Q1. What is the most common clinical presentation of AOM?

Q2. What are the most significant symptoms of AOM?

Q3. What are the most reliable diagnostic findings on otoscopy?

Q4. What other diagnostic test would be useful and what can it tell us?

Regarding antibiotic use for AOM:

Q5. What is the average time it takes for children to get better if taking antibiotics?

Q6. What is the average time it takes for children to get better without taking antibiotics?

If you don't know the answer to these questions, check out our free learning module Otitis Media: antibiotic use decision making.

The module accredits one CPD hour of learning. Please [click here](#) to access the course.



"Always bear in mind that your own resolution to succeed is more important than any others".

ABRAHAM LINCOLN

ONLINE COURSES

ECG Basics

Suitable for all nurses, paramedics and doctors that need to be able to interpret an ECG.

[Click here](#) to register.

Clinical Assessment

Suitable for nurses, nursing students, medical students and doctors. A thorough systematic assessment is vital in order to assess patients and to recognise early deterioration.

[Click here](#) to register.



29 OCTOBER 2021

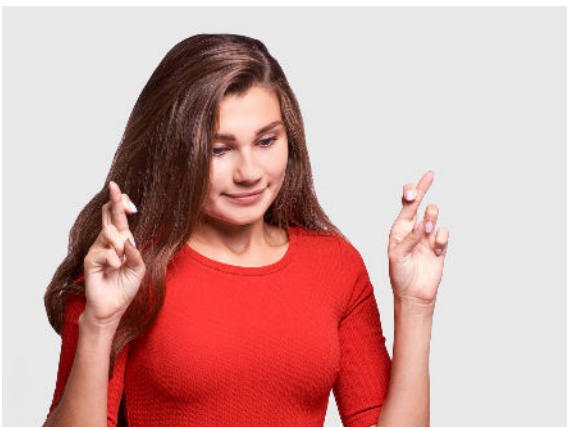
FRACTURE MANAGEMENT COURSE

Holmesglen Private Hospital
490 South Road
Moorabbin VIC 3189
Time: 0845 - 1700
Cost: \$525

This is the **only** Fracture Management course endorsed by the AOA. Suitable for doctors, nurses, medical students and physiotherapists.



Click [here](#) to register
Please share with your colleagues.



"No matter how you feel, get up, dress up and fight for your dreams."

ANNONYMOUS

FLYERS

CONTACT US

Marg Villella 0419 030458

Bruce Greaves 0444 547036

email:
info@healthec.com.au



An ECG tracing on a grid background, with the text "ECG Basics" overlaid in white.

ECG Basics

This is a comprehensive introductory course in ECG interpretation and provides the essential knowledge required to interpret rhythms and basic ECGs.

This course has been written in collaboration with Baker Heart and Diabetes Institute.

This course is entirely online so you can work at your own pace.

September offer

Enroll for \$375 (normally \$455)

Enter coupon code september



Health Education
Collaborative



[Click here](#) to register

"Education is not preparation for life: education is life itself".

JOHN DEWEY

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SEPTEMBER
2021

