

Health Education Collaborative Newsletter

***A message from
the CEO***



***Bruce Greaves
CEO/Director***

Welcome to issue 12

The end of the year is now in sight. What an extraordinary year 2020 has been - drought, bushfires, floods, COVID 19, border closures which really pushed interstate relations to the limits and a US presidential election which seemed to invade our space as well.

After a gruelling few weeks which saw us delivering training to Boarder Force, Federal Police and Authorised Officers at Melbourne Airport in preparation for the reintroduction of international returned travellers, I am ready for a well earned break, as I am sure many of you are.



HEC is looking forward to 2021, developing new partnerships for course delivery, expanding our network and resources and most of all continuing the high level of content and skills based education delivery we are getting a reputation for.

We wish every one a safe and happy Xmas and a healthy and prosperous new year.

Bruce Greaves CEO/Director
Health Education Collaborative

Clinical Update



Marg Villella
Director/ Education
Director

Clinical Question

Last month's clinical question answer

Which of the following are examples of antiplatelet drugs?

Aspirin

Apixaban

Warfarin

Clopidogrel

Pradaxa

This month's clinical question with Bruce

Review the xray below of a young patient who slipped and fell backward onto an outstretched hand.

What fracture is seen in this xray?

What is the percentage rate for the location of fracture for this bone as seen in the xray?

What is the significance of a fracture of this bone related to its blood supply?

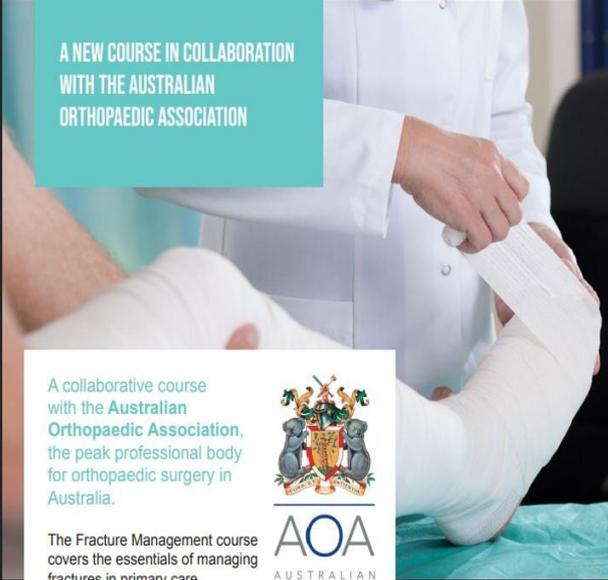
What type of cast would you put this patient in?



Events & Courses

FRACTURE MANAGEMENT





A NEW COURSE IN COLLABORATION
WITH THE AUSTRALIAN
ORTHOPAEDIC ASSOCIATION



A collaborative course with the **Australian Orthopaedic Association**, the peak professional body for orthopaedic surgery in Australia.

The Fracture Management course covers the essentials of managing fractures in primary care.

The course is delivered in a blended format incorporating online and face-to-face learning. Topics covered include basic anatomy, physiology of the musculoskeletal system, different types of fractures and associated complications, emergency management, investigations, diagnosis and referral, splinting, casting and post-application management.

The course is designed for postgraduate healthcare professionals working in health facilities such as emergency departments, primary care, casting clinics, specialist rooms and rural and remote settings.

For course bookings and further info, please contact Health Education Collaborative

Bruce: 0444 547 036
Margaret: 0419 939 458

info@healthec.com.au
www.healthec.com.au

Tuesday, 19 January 2021

Northpark Private Hospital
EPU meeting room (ground floor)
135 Plenty Rd Bundoora 3083

Time: 0845 to 5pm



Saturday, 27 February 2021

Holmesglen Private Hospital
490 South Road
Moorabbin VIC 3189

Time: 0845 to 5pm



Cost

\$445 per person if purchased prior to 31 December 2020.

2021 price is \$525 per person (due to increased cost of casting materials)

For further information and to enroll visit our website
healthec.com.au

Online courses

Events & Courses

Course in Clinical Assessment

ECG Basics (collaborative course with Baker Heart & Diabetes Institute)

Women after gestational diabetes (collaborative course with Baker Heart & Diabetes Institute).

This is currently a closed course, however if you are interested please contact us.

Fracture Management (collaborative course with Australian Orthopaedic Association).

This has an online component as well as a face to face component.

Medical Scribing Courses (level 1 and level 2 Advanced). (collaborative course with Medscribe Australia)

If you would like us to present at any of your events, run an inservice session or manage your organisations inservice program, please contact us on info@healthec.com.au or phone Marg on 0419939458.

Collaborative Partnerships

Partner with us

Got an idea for a course or program?

Want to turn your academic research into a course?

Already have the material but not sure how to develop it and get it out there?

Want someone to develop a learning program for your organisation?

Need some help managing your organisations inservice program?

Then give us a call.

If you would like further information or to just run an idea by us, then contact us via our website to leave an expression of interest. info@healthec.com.au or give Marg or Bruce a call.

Christmas recipe

For those of you who know me, I love to cook. This is one of my favourite Christmas recipes.



Lemon Stars

125g butter

¼ cup castor sugar

1 cup plain flour

½ cup cornflour

Lemon Icing

2 cups icing sugar

1 teaspoon butter

2 tablespoons lemon juice

Silver cachous

Cream butter and sugar in a small bowl with electric mixer until light and fluffy, gradually beat in sifted flours. Knead on lightly floured surface for about 5 minutes. Roll pastry to about 2mm thick, cut into star shapes. Place onto lightly greased oven trays, bake in moderate oven for about 10 minutes or until lightly browned. Lift onto wire rack to cool. Spread biscuits with icing and decorate with silver cachous.

Lemon icing: sift icing sugar into a heatproof bowl, add butter and lemon juice. Stir over hot water until icing is spreadable.

Makes approximately 24 biscuits. Biscuits can be made up to a week ahead and stored in an airtight container.

Happy holidays!

End of year celebrations yesterday. Looking forward to 2021!



Next Issue: January 2021



Our office will be closed from Wednesday, 23 December 2020 and will reopen on Monday, 4 January 2021.

Contact us:

Marg: 0419 939 458 or Bruce: 0444 547 036

Web page: <http://www.healthec.com.au/>