

Health Education Collaborative Newsletter

***A message from
the CEO***



***Bruce Greaves
CEO/Director***

Welcome to issue 7

Well, it seems that taking my beloved classic 67 convertible Mustang out for a cruise is going to have to wait a little longer until this current wave of COVID 19 is under control.

Over the past several weeks I have been contracted to the DHHS facilitating training for the Infection Prevention Control (IPC) teams. In issue 5, I gave an overview of the role outreach nurses would be performing. These teams have been working tirelessly 7 days a week attending and assisting aged care facilities with IPC issues and outbreak situations as they arise. I sense their frustration with the current situation especially with workers turning up for shifts with symptoms, even after they have been tested and should be isolating until they receive their results. This highlights several areas of concern:

1. What level of IPC training have these workers had?
2. What is their comprehension of such and the current situation?
3. What inservice is given and what are the time frames between updates?
4. How is the inservice provided and how are they assessed for competency and comprehension?

Appropriate training and assessing participants comprehension of the material learnt is essential for ensuring safe practice. Understanding ones code of practice and responsibilities to ensure safe patient care is an essential part of ones role, whether it be a carer, cleaner, cook or maintenance worker.

Education and training is not simply delivering information or asking staff to read an information sheet, journal article or watch a video. Training needs to be contextualised to suit the learner's needs and should be delivered in several formats as all students learn and comprehend differently. This requires the trainer to understand their participants and adjust their training session to accommodate individuals in the session.

My recent experience attending the Flemington towers on the first evening of the lockdown as part of an urgent response to train security, cleaning and maintenance workers in appropriate PPE, demonstrated

the need for facilitators to be able to contextualise learning on the run to meet the needs and comprehension of different learners in a group of multicultural workers, many with English as their second language.

Training and facilitation is not easy. I assess my ability as a health professional educator by the response and comprehension of the participants I train. As an educator, there is nothing more satisfying than when a student tells you “that’s the first time I’ve really understood that, the way you presented it just made sense to me” The key here is “Know Your Learners” adapt and overcome inhibitors to learning delivery and comprehension and ensure they understand.

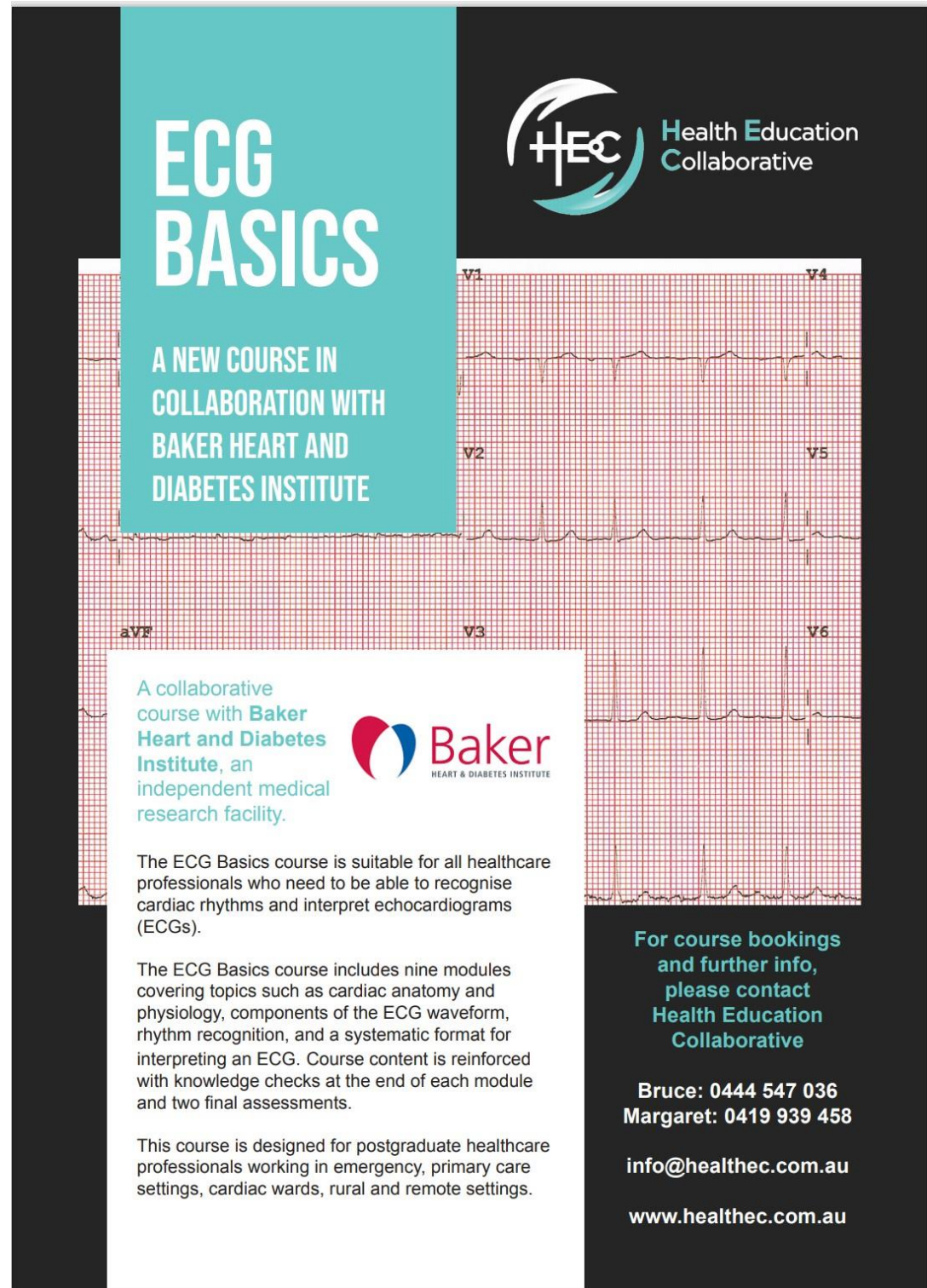
We can all attend an inservice session or course and tick a box to indicate that we have attended but did every one understand the content?

Lets hope we are through this next wave of COVID-19 soon and we can use the lessons we are learning to improve health care delivery and public health in general.

Bruce Greaves CEO/Director
Health Education Collaborative

**Course
Development**

New courses



The advertisement features a background of a 12-lead ECG tracing on a pink grid. The leads are labeled V1, V2, V3, V4, V5, V6, aVR, and aVF. A teal vertical banner on the left contains the title 'ECG BASICS' in large white letters. Below the title, it says 'A NEW COURSE IN COLLABORATION WITH BAKER HEART AND DIABETES INSTITUTE'. The Health Education Collaborative (HEC) logo is in the top right, and the Baker Heart & Diabetes Institute logo is in the middle right. Text boxes provide details about the course's suitability, content, and target audience. Contact information for course bookings is provided in the bottom right.

ECG BASICS

A NEW COURSE IN COLLABORATION WITH BAKER HEART AND DIABETES INSTITUTE

A collaborative course with Baker Heart and Diabetes Institute, an independent medical research facility.

The ECG Basics course is suitable for all healthcare professionals who need to be able to recognise cardiac rhythms and interpret echocardiograms (ECGs).

The ECG Basics course includes nine modules covering topics such as cardiac anatomy and physiology, components of the ECG waveform, rhythm recognition, and a systematic format for interpreting an ECG. Course content is reinforced with knowledge checks at the end of each module and two final assessments.

This course is designed for postgraduate healthcare professionals working in emergency, primary care settings, cardiac wards, rural and remote settings.

For course bookings and further info, please contact Health Education Collaborative

**Bruce: 0444 547 036
Margaret: 0419 939 458**

info@healthec.com.au
www.healthec.com.au



FRACTURE MANAGEMENT


**Health Education
Collaborative**

**A NEW COURSE IN COLLABORATION
WITH THE AUSTRALIAN
ORTHOPAEDIC ASSOCIATION**

A collaborative course
with the **Australian
Orthopaedic Association**,
the peak professional body
for orthopaedic surgery in
Australia.

The Fracture Management course
covers the essentials of managing
fractures in primary care.

The course is delivered in a
blended format incorporating online and face-to-face
learning. Topics covered include basic anatomy,
physiology of the musculoskeletal system, different
types of fractures and associated complications,
emergency management, investigations, diagnosis
and referral, splinting, casting and post-application
management.

The course is designed for postgraduate healthcare
professionals working in health facilities such as
emergency departments, primary care, casting clinics,
specialist rooms and rural and remote settings.



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For further information and to enroll visit our website
healthec.com.au

Please be advised that the course date has changed to 2nd September 2020 due to the current COVID lockdown.

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<https://healthec.com.au/>

Venue



**490 South Road
Moorabbin Vic 3189**

Date:

**Wednesday, 2 Sept
2020**

Time:

08.30am to 5pm

Clinical Update



Marg Vilella
Director/ Education
Director

Clinical Question

Last month's clinical question answer.

Do you know how HF is classified?

Left ventricular ejection fraction (LVEF) has been a key variable for the diagnosis and management of heart failure over the last three decades. A 'normal' LVEF is defined as $\geq 55\%$.

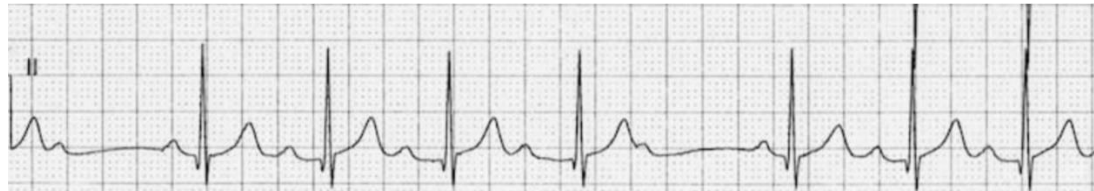
Once a clinical diagnosis of heart failure is made, it is generally classified according to the LVEF. The distinction is usually made with echocardiography. It is classified as either:

- HF associated with a reduced LVEF below 50% (HFrEF) or
- HF associated with a preserved LVEF of 50% or higher (HFpEF)

To read more about the Heart Failure Guidelines and the appropriate management, please [click here](#).

Clinical Question

Interpret the following Lead II rhythm strip.



Make sure you systematically assess the rhythm. If you find this rhythm tricky, you may like to enroll in the ECG Basics Course (fully online) as per the flyer above in **New Courses**.

Events

Due to the current lockdown, there are no events this month.

If you would like us to present at any of your events, please contact us on info@healthec.com.au or phone Marg on 0419939458.

Trainers wanted

We are still recruiting Fracture Management casting and splinting trainers in all states and territories.

Are you a casting expert, do you have the skills to teach and assess a group of health professionals to apply and remove various casts and splints?

If yes, we would love to talk to you.



To submit an expression of interest or obtain further information, please contact Bruce from Health Education Collaborative on 0444 547356 or click [HERE](#) to enquire.

Next Issue: August 2020



Contact us:

Marg: 0419 939 458 or Bruce: 0444 547 036

Web page: <http://www.healthec.com.au/>